



**THE REGENTS CLUB**  
AT CITY ROAD



Many of 250 City Road's exclusive facilities can be found on Level 7 of Valencia Tower: the expansive gym, residents' lounge, games room, yoga studio, private screening/karaoke room and reading room. At basement level underneath Carrara Tower, the residents-only 20-metre pool and spa facilities provide a more private setting in which to relax.

### Residents' & Business Lounges

Offering residents a space to work away from the office or home. Facilities include fast access broadband, photocopying and printing. Meetings can also be facilitated, and bookings taken via the Concierge Team.

The Business Lounge will host a Games room, Screening Room, and Reading room on the 7th floor of Valencia Tower. Please note this will open in 2024.

### Gym & Studio Space

The Gym is located on the seventh floor of Carrara Tower which is accessed via the lifts adjacent to the main Concierge lobby. The latest Technogym equipment is available in addition to shower facilities (located in the spa) and private studio space. Gym instructors are also available to book (at an additional cost) via Antidote for workout & fitness assistance. Access to the Gym facilities is strictly reserved for

those residents living at 250 City Road, who are over the age of 18 and following a completed induction. Should you require guest passes, please contact the Concierge Team or Antidote.

Access to the gym is restricted until such time that you complete the above induction, and your access fob will be set accordingly. For more information on inductions please speak to the Concierge or Antidote directly.

The Gym will be open 7 days a week. Monday to Friday 6am to 10pm, Saturday & Sunday 8am to 9pm. Please be advised this is not a fully manned facility and we respectfully ask that you abide by the rules of use and the code of conduct as per the gym regulations.

On the seventh floor of Aurora Apartments, there is an area that can be used for Gym Classes and a Yoga Space. Bookings to this area can be facilitated by the Concierge Team or your Leisure Team.

### Swimming Pool & Spa

The spa includes a heated 20m swimming pool, sauna & steam room and will be open 7 days a week. Monday to Friday 6am to 10pm, Saturday & Sunday 8am to 9pm. However, please note the management company reserve the right to close during quiet hours. Please also be advised this is not a fully manned facility and persons under the age of 16 are not permitted without adult supervision.

There is also a full list of luxury treatments which are bookable at an additional cost, and that can take place in the comfort of your own apartment or the Spa treatment room. If you would like further information or would like to book an appointment please contact the Gym and Spa staff.



## Business Lounge



## Screening Room



## Yoga Studio



## CARRARA TOWER

Swimming pool and sauna

Spa

Gym

## AURORA APARTMENTS

Yoga Studio

Residents Lounge

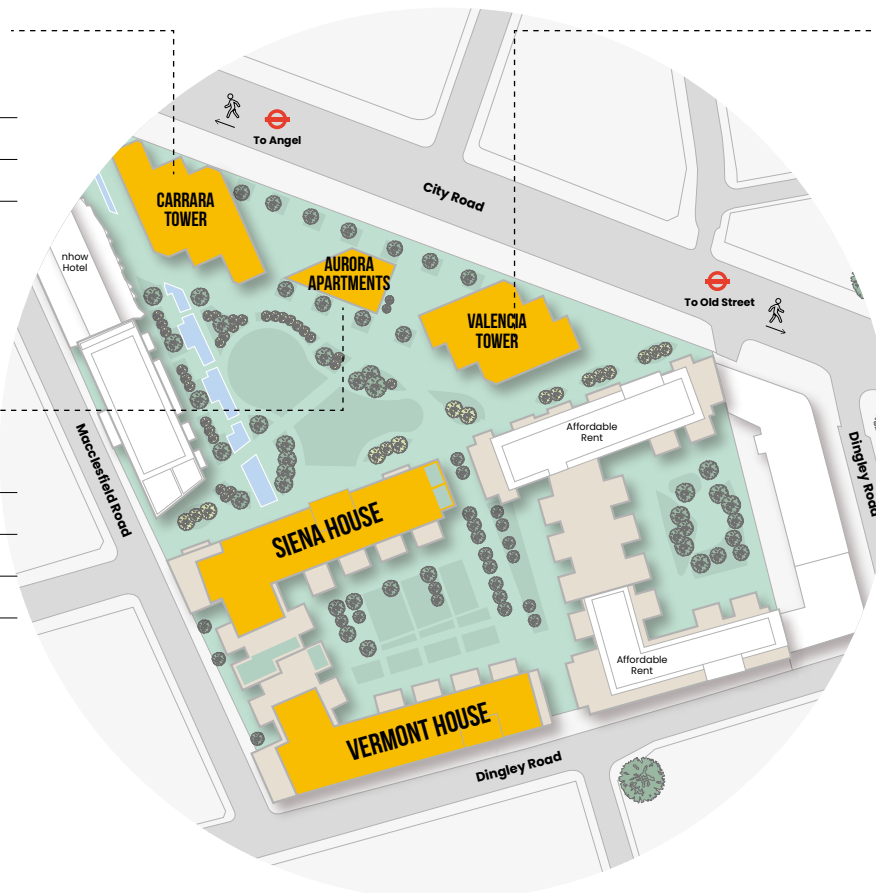
Games Room\*

Reading Room\*

## VALENCIA TOWER

Business lounge\*

Screening room\*



\*open in 2024. Digital illustrations are indicative only